



151 Products Limited
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151 Products Limited

Product Information Sheet

HEALTHY CHOICE OMEGA 3 FISH OIL CAPSULES

DESCRIPTION

A nutritional food supplement.

Ingredients: Fish Oil, Capsule Shell (Gelatin, Glycerine, Purified Water) Alpha Tocopheryl Acetate (as antioxidant), Sodium Metabisulphate (E223 – as antioxidant)

Typical contents	per capsule	% RDA
Vitamin E	10mg	100
Omega 3 Fish oil	500mg	-
Eicosapentaenoic acid (EPA)	90mg	-
Docosahexaenoic acid (DHA)	60mg	-

Not suitable for vegetarians.

This product is free from added starch, gluten and yeast. No artificial preservatives are used in this product. Should not be used as a substitute for a balanced diet.

ADVANTAGES

- Can help maintain supple and flexible joints, so helping maintain healthy joint mobility.
- Can help maintain a healthy heart and circulation.
- Easy to swallow capsule form.

RECOMMENDED DAILY INTAKE

Adults and Children over 12 years: One or two capsules per day with food and water.

HEALTH AND SAFETY

Keep out of the reach of children.

Store in a cool dry place.

Always read the label before use.

Do not exceed the recommended dose.

Women who are pregnant or planning a pregnancy should consult their doctor before taking vitamin or mineral supplements.

People suffering from epilepsy or fits should consult their doctor prior to use.

AVAILABILITY

Available in bottles of 30.

151 Products Limited operate a continuous programme of research and development and thus reserve the right to alter a specification without prior notice.

This sheet supersedes all previous issues.